



Kamin Physical Therapy, Inc.

Visit us at www.kaminpt.com

UROGYNECOLOGY-Patient History

Please complete and return to Jean at Kamin Physical Therapy prior to your first visit.

Today's Date: ____/____/____

Name: _____

Occupation: _____

Referred by: (**check one**) ____ self ____ family ____ friend ____ doctor ____ other

Name of person making referral: _____

Who is your primary care physician? _____

What is your current gynecologic/urogynecologic problem?

(Please describe your current symptoms and when they started)

Have you had previous treatments for this problem? ____ Yes ____ No

(If so, please describe including any medications, physical therapy and/or surgery)

Please list the names of other physicians you have seen for this problem:

List any drug allergies (and reaction)

List current medications (and dosage)

GYNECOLOGIC HISTORY

Age when periods first started: _____

Do you still have periods? ____ Yes ____ No

If yes, are your periods regular? ____ Yes ____ No

Date most recent period started: _____

Birth control method: _____

Have you had a hysterectomy? ____ Yes ____ No

If yes, at what age? ____ Reason: _____

Were ovaries removed? ____ Yes ____ No

Have you reached menopause? ____ Yes ____ No

Are you taking estrogen therapy? ____ Yes ____ No

Are you currently sexually active? ____ Yes ____ No

Any history of sexually transmitted diseases? ____ Yes ____ No

If yes, please describe _____

When was your last Pap smear? _____

Have you had abnormal Pap tests? ____ Yes ____ No

When was your last Mammogram? _____

OBSTETRIC HISTORY

Number of pregnancies ____; children ____;

Miscarriages ____; abortions ____

Please list dates and outcomes of all pregnancies:

PREVIOUS OPERATIONS (Type and Date)

HOSPITALIZATIONS (non-surgical)

MEDICAL HISTORY/FAMILY HISTORY

Do you or any of your relatives have a history of the following?

	<u>You</u>	<u>Relative</u>	<u>(relation to you)</u>
Anemia	_____	_____	_____
Bleeding tendency	_____	_____	_____
Cancer	_____	_____	_____
Colitis/Bowel trouble	_____	_____	_____
Depression	_____	_____	_____
Diabetes	_____	_____	_____
Glaucoma	_____	_____	_____
Heart Disease	_____	_____	_____
High Blood Pressure	_____	_____	_____
Kidney Disease	_____	_____	_____
Liver disease/ Hepatitis	_____	_____	_____
Lung Disease/ Asthma	_____	_____	_____
Migraine Headaches	_____	_____	_____
Osteoporosis	_____	_____	_____
Psychiatric disorder	_____	_____	_____
Seizures/Epilepsy	_____	_____	_____
Thyroid Disease	_____	_____	_____
Stroke	_____	_____	_____
Ulcers	_____	_____	_____
Vein trouble/ Blood clots	_____	_____	_____
Other:	_____		

Do you have a history of sexual, physical, mental or verbal abuse? ____ Yes ____ No

If yes, please circle which one would apply to you:

Have you had any previous fractures? ____ Yes ____ No

Any other serious injuries? ____ Yes ____ No

Have you had any blood transfusions? _____ Yes _____ No

HABITS

Do you smoke? _____ Yes _____ No

Do you drink alcohol? _____ Yes _____ No

Do you drink coffee? _____ Yes _____ No

Do you use recreational drugs? _____ Yes _____ No

URINARY FUNCTION QUESTIONNAIRE

Please Circle

1) Have you had treatment for your urinary tract disease such as stones, kidney disease, infections, tumors, injuries? (If yes, please circle all that apply) **YES NO**

2) Have you had repeated urinary tract infections? **YES NO**

3) Is your urine ever bloody? **YES NO**

4) Do you lose urine as a constant drip from your vagina? **YES NO**

5) Is it usually painful or difficult to pass urine? **YES NO**

6) When you lose urine, are you aware it is passing? **YES NO**

7) Do you have to empty your bladder frequently? **YES NO**

8) What volume of urine do you usually pass? **Large, Average, Small, Very Little**

9) Do you get up during the night to urinate? **YES NO**

(If yes, how many times each night? _____)

10) Do you have any burning during or after urination? **YES NO**

11) Do you have a problem controlling bowel movements? **YES NO**

12) Have you ever had paralysis, polio, multiple sclerosis, serious back injury,

- cyst or tumor on your spine, tuberculosis, syphilis, stroke, or diabetes?
(If yes, circle all that apply) **YES NO**
- 13) Do you ever wet the bed? **YES NO**
- 14) Does the sound, sight or feel of running water cause you to lose urine? **YES NO**
- 15) When your bladder is full, do you have to run to the
nearest bathroom? **YES NO**
- 16) Do you ever lose urine when trying to reach the bathroom? **YES NO**
- 17) Do you lose urine when resting, either lying or sitting down? **YES NO**
- 18) Does your bladder ever empty completely without you being
able to stop it? **YES NO**
- 19) Is it necessary for you to change positions (sitting or standing) in order to
empty your bladder completely? **YES NO**
- 20) Do you lose urine during coughing, sneezing, laughing or lifting? **YES NO**
- 21) Do you have difficulty holding urine if your suddenly stand up from a
sitting or lying position? **YES NO**
- 22) Is your control of urine good unless you cough, sneeze, lift or strain? **YES NO**
- 23) When you are urinating, can you usually stop the flow? **YES NO**
- 24) Do you find it necessary to wear protection because you get wet?
(If yes, how many pads per day? _____) **YES NO**